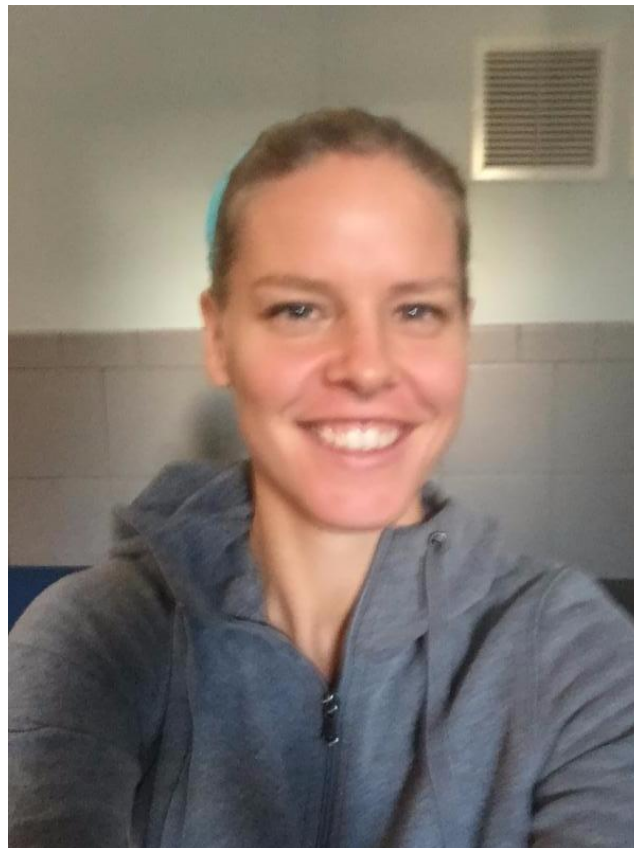


**Welcome
Alyson Parker!**
**Our newest Year Round
Personal Trainer and
Class Instructor**



Alyson joined Airport Fitness in May. She is a certified Santayana yoga instructor, personal trainer, conscious dance enthusiast, macrobiotic cook and licensed real estate agent. Alyson is very happy and excited to meet all the people who walk through our doors. Please introduce yourself if you haven't

already!

**Alyson will be stepping in to
teach this weekend.**

Saturday 10/14 10:30 AM

Sunday 10/15 9:00 AM

& Monday 10/16 8:30 AM

**Alyson also teaches
Moves & Grooves
Mondays and Wednesdays at
9:30 AM**

[Airport Fitness & Tennis]
[508-696-8000] [Info@AirportFitnessMV.com]

